

## Planning a trip? AI can be helpful starting point

But there are certain times you'll want to avoid using this tool while setting up travel. **In Money**

## Heated rivalries reveal plenty about top teams

Bills spoil Chiefs' perfect run, and Steelers push back Ravens. **NFL Week 11 takeaways, in Sports**



KENA BETANCUR/  
AFP VIA GETTY IMAGES

## Cher memoir: 'I wanted to make it honest'

In candid interview, she chats about writing stories for the book, the loves of her life and what she hopes will be part of her legacy. **In Life**

# USA TODAY

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## Tariffs could be a boost – or a bust

### Trump's 'renaissance' plan has economic risks

**Bailey Schulz**  
USA TODAY

President-elect Donald Trump has promised a "manufacturing renaissance" upon his return to the White House, pledging tariffs to bolster companies that make products in the United States.

The idea is to drive up the price of imported goods to make American-made products more appealing. Trump's plans have been heralded by some domestic manufacturers competing against low-cost goods from countries like China, but economists warn tariffs can be a double-edged sword by driving up inflation and interest rates.

"It does offer a measure of protection" for manufacturers, said Gary Schlossberg, global strategist at the Wells Fargo Investment Institute. But "depending on where you are in manufacturing, that (inflation) could work against you."



**Apparel manufacturer American Giant could benefit from a gradual increase in tariffs, its CEO says.**

PROVIDED BY AMERICAN GIANT

Trump placed tariffs on solar panels, washing machines and certain metals during his first administration. President Joe Biden kept most of those tariffs in place and imposed new tariffs on Chinese goods like electric vehicles and semiconductors. Now, Trump is proposing more aggressive tariffs ranging from 60% to 100% on Chinese goods and a universal tariff of up to 20% on imports from all other countries.

"We'll lead an American manufacturing boom," Trump told voters in a speech in Georgia in September. "When they have to pay tariffs to come in, but they have incentive to build here, they're going to come roaring back."

The catch, economists say, is tariffs can lead to higher interest rates and reignite inflation. Autozone and Stanley Black & Decker have already said the companies would pass on increased operating costs to consumers.

The Peterson Institute for International Economics, a nonpartisan think tank, said the tariffs would cost a typical American household more than \$2,600 a year. Another report from the

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### IN MONEY

## Trump tax cuts likely to continue with his win

Financial advisers expect low taxes and stock market gains for now. **1B**



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## High-altitude frogs on brink of extinction thrive again



The Sierra Nevada yellow-legged frog, native to alpine lakes in California, was nearly extinct after the introduction of fish into its lakes and the arrival of a deadly fungus. PHOTOS PROVIDED BY ROLAND KNAPP/UC SANTA BARBARA

## Saved by adaptation, intervening biologists



Hundreds of Sierra Nevada yellow-legged tadpoles are again a common sight at a California lake, as scientists have reintroduced frogs that have developed a resistance to the fungus that nearly wiped them out.

**Elizabeth Weise**  
USA TODAY

The jewel-like lakes of the High Sierra in Yosemite National Park are awe-inspiring sights. But for more than 100 years they've also been biologically disrupted, stocked each year with non-native fish, which in turn destroyed the population of Sierra Nevada yellow-legged frogs that once covered their shores and filled their depths.

With that loss, the entire ecosystem shifted. The frogs had once been an important part of the summer diet of not only bears, coyotes and snakes but also multiple bird species, including the Clark's nutcracker and the gray-crowned rosy finch.

Then the few frogs that survived were almost wiped out by the arrival of the dreaded amphibian chytrid fungus, which killed them off in the few fish-free lakes that remained.

"It was a double whammy that almost wiped out the species," said Roland Knapp, a research biologist at the University of California, Santa Barbara who has been studying them since 1995.

Then something remarkable happened.

For the past 30 years, Knapp and a tireless group of biologists have been

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## Should nondiabetics use glucose sensors?

### Some with diabetes say trend trivializes disease

**Adrianna Rodriguez**  
USA TODAY

Intense fatigue, night sweats, unexplained weight gain and extreme hunger.

These were some of the sudden symptoms Lia Pinelli described to her doctor in August 2023. Since she was 46, her doctor said, it was likely perimenopause. But when the symptoms worsened, Pinelli knew something was wrong.

"It was so stressful trying to convince my doctor," said Pinelli, of Buffalo, New York. "It felt like, 'You're not even listening to me.'"

Desperate for insight into her symptoms, Pinelli decided on her own to start wearing a continuous glucose monitor.

"It's been hard to get these devices and seeing it over the counter almost feels like a little slap in the face."

**Mila Clarke**  
Founder of the diabetes and nutrition blog Hangry Woman

The data from the medical device, typically prescribed to diabetics for monitoring blood sugar, showed she was experiencing episodes of hypoglycemia or low blood sugar. This finding finally got her doctor's attention, prompting further investigation into the confusing symptoms that may have been tied to

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**Mila Clarke, founder of a diabetes and nutrition blog, says she wouldn't choose to wear a continuous glucose monitor if she didn't have to.**

BRANDON THIBODEAUX FOR KFF HEALTH NEWS